

# Welcome April

WEEKLY E-NEWS



April 1, 2024

## Live life pain free

Orthopedic Experts

[Learn More](#)



 **Advent Health**



JOIN US FOR FLORIDA'S FIZZIEST FESTIVAL  
**6TH ANNUAL  
SEBRING  
SODA FESTIVAL**

PRESENTED BY



**Suncoast**  
Credit Union

**APRIL 6TH - 10AM-5PM**

**APRIL 7TH - 11AM-4PM**

**TASTE UP TO 200+ CRAFT SODAS**

**KIDS ACTIVITIES**

**LIVE ENTERTAINMENT**

**OVER 100 VENDORS**

**FOOD TRUCKS**

**CONTESTS & MORE!!**

**CIRLCE PARK**

**"IN THE CENTER OF IT ALL"**

**PRESENTED BY:**



**SEBRINGSODAFEST.COM**

You should be receiving your invitation to our Annual Banquet & Awards any day now, if you haven't already! We have a few sponsorship opportunities left and we are collecting silent auction items (or give us a budget and we will shop for you). If you want to get involved by sponsoring, please contact Paige BEFORE you register to attend. Most of our sponsorships include tickets to the event. We will have our





[Purchase Tickets Here](#)

popular table decorating contest again this year and we are also taking nominations for our awards!

Click on the link for each to learn more:

[\*\*Business of the Year\*\*](#)

[\*\*Small Business of the Year\*\*](#)

[\*\*Non-Profit of the Year\*\*](#) and

[\*\*George Hensley 'Citizen of the Year'\*\*](#)

Please be sure to read the specifics for each category before submitting your nomination.

We look forward to seeing you there!

# GREATER SEBRING CHAMBER OF COMMERCE COMMUNITY MAP

— ADVERTISING OPPORTUNITIES —



in partnership with



**This is for the Sebring map that is printed every 2-3 years. A lot of visitors and new residents request maps when they come into the Welcome Center! This is a great way to advertise your business and is exclusive to our current members. Click on the contact button below to see what the options are. We are wrapping up this project soon, so don't wait!**

[CONTACT](#)



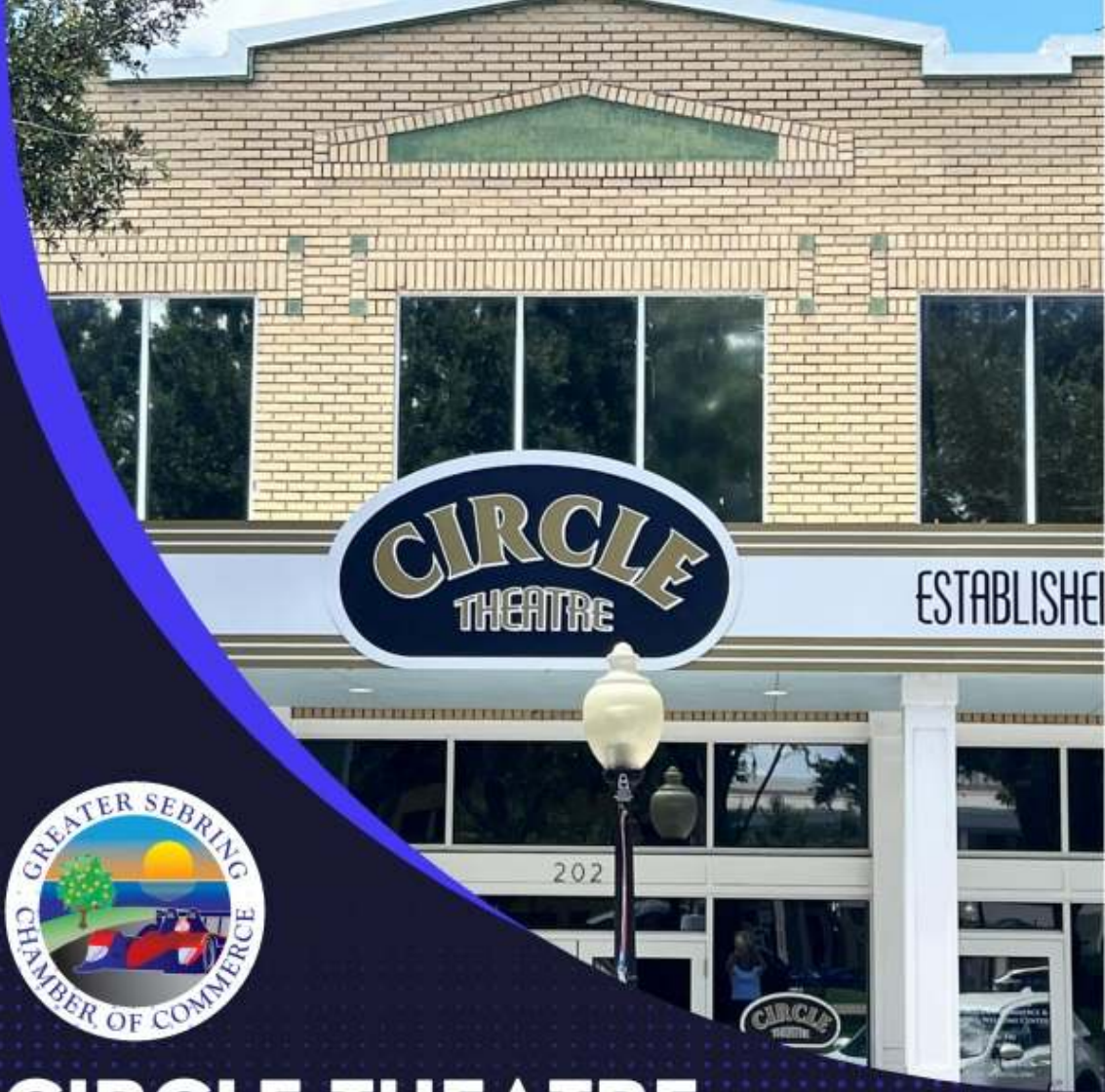


# CIRCLE THEATRE CAPITAL IMPROVEMENT FUNDRAISER

Greater Sebring  
Chamber of Commerce

Contact:  
863-385-8448  
[ceo@sebring.org](mailto:ceo@sebring.org)

2024-2026



# ATTENTION!

MAKE SURE OUR ADDRESS IS  
UP TO DATE IN YOUR SYSTEM

TO:

202 CIRCLE PARK DR SEBRING  
FL 33870



# Review Us!



SO  
GOOD!



## SCAN THE QR CODE WITH YOUR CAMERA APP

Not working with your camera app?

Search for a free qr code reader on your app store.

Install the app and try scanning again.

A service provided by  **QR-Code-Generator**.com



**Our High-C To-Go FaceBook Group is growing thanks to our wonderful members! It's a great way for you to post about what's happening, a great experience you had somewhere, ask for recommendations and more! We'd love for you to invite others and use it to promote anything you have going on! You do not have to be a member of the Sebring Chamber to participate, but our members will be recognized in a special way on the page whenever they post! Please continue to invite others to the page! Check it out!**



**Thank you to our year round Sponsors!**

**2024 Chairman Circle Sponsors**



CONNECT. CREATE. COLLABORATE.



SUN 'N LAKE  
GOLF CLUB



Heacock Insurance

**2024 President's Club**



**E-Stone USA**





We have placed ALL of our member names into a bowl to draw from every week. New members will be added to the drawing as they join.

On Mondays we will draw  
FIVE Members to highlight on Facebook and in the newsletter  
for the next week!

Your 'highlight' can be ANYTHING you want it to be. It can be promoting a special event, history, a great customer service story you would like to share, etc.

You can send a video (30 sec or less) or flyer (PDF or JPEG format). It must be received no later than the Friday the week before you are set to be highlighted. We will let you know what day you will be highlighted on Facebook

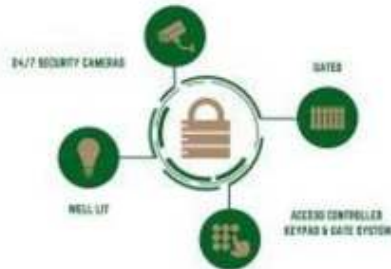
Once everyone has been drawn, we will start over again!

If you are a current member of the Sebring Chamber, you do not need to do anything extra to be included.

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**Century Storage – Bayview**  
**2609 Bayview St. Sebring, FL 33870**  
**863-386-0880**

**50% off First 2 Months on Select Units**



## *Customer* **TESTIMONIALS**



I was very satisfied with Century Storage as the storage facility for my belongings. The storage unit I chose was clean and in good repair. And it served the purpose I needed it for however short-term. Staff was very professional, friendly, attentive and helpful. I would definitely recommend Century Storage to others. Thanks for all you did for me Century Storage & Staff !!!!  
- Karisa J



# Recycling centers are open!



All three of the County's recycling drop-off centers are now open!

**Residents will be able to bring items to the recycling centers only during the posted hours of operation. See below for that information.**

## WHAT CAN BE RECYCLED?

- Glass
- Plastics (bottles, jugs, and jars)
- Steel, tin and aluminum cans
- Clean flattened cardboard
- Newspaper, junk mail, office paper (not shredded) and other non-coated paper

The plastic, paper, aluminum, and cardboard will all be combined into one bin, while glass will go into a separate bin. Bags used to transport recyclables to the drop-off center will need to be emptied and then disposed of as garbage (unless they are re-usable). **Plastic bags are not accepted.**

The on-site attendant will be able to answer questions, help residents deposit the items that can be recycled, and make sure the items are deposited in the appropriate recycling containers to avoid contamination.

Find more information online at [highlandsfl.gov/departments/solid\\_waste/recycling.php](http://highlandsfl.gov/departments/solid_waste/recycling.php).



**Lake Placid's site opened 6/1.**

### WHERE:

Downtown, at the corner of Hickory Avenue and West Royal Palm Street

### OPEN:

Mondays and Wednesdays from 2-5:30 p.m.

Saturdays from 8 a.m. to 1 p.m.



**Avon Park's site opened 8/1.**

### WHERE:

Downtown, at the intersection of South Prospect Avenue and Eddie Cannon Street

### OPEN:

Mondays and Wednesdays from 2-5:30 p.m.

Saturdays from 8 a.m. to 1 p.m.



**Sebring's site opened 8/2.**

### WHERE:

At Max Long Recreational Complex, using the entrance off Westminster Road

### OPEN:

Tuesdays and Thursdays from 2-5:30 p.m.

Saturday from 10 a.m. to 3 p.m.



**Florida Small Business Development Center at USF**  
Helping Businesses Grow & Succeed

- ★ Finance & capital access
- ★ Market growth & marketing strategies
- ★ Workforce & much more



**No-cost consulting available monthly at Sebring Chamber with Randy**

**LEARN MORE**



# SBDC AT USF IN HIGHLANDS COUNTY

Visit an expert business consultant, at no-cost,  
now at the Greater Sebring Chamber of Commerce in Highlands  
County. Located at 202 Circle Park Dr, Sebring, FL 33870



[SBDCTampaBay.com](http://SBDCTampaBay.com)





Helping Businesses Grow & Succeed

Media Contact:  
Dianne Fazio  
(850) 898-3486  
[dfazio@uwf.edu](mailto:dfazio@uwf.edu)

Press Release  
March 4, 2024  
For Immediate Release

### Florida SBDC Network, Florida Department of Commerce Affirm Partnership

Florida SBDC Network State Office (Pensacola, Fla.) – The [Florida Small Business Development Center \(SBDC\) Network](#), the state's principal provider of small business assistance, and the Florida Department of Commerce have signed a memorandum of understanding to foster the growth and success of small business programs and priorities across the state.







# COME OUT & PLAY!



To see a listing of parks with  
playgrounds in our community,  
scan the QR code below.

Open your camera app >> hold it up to the code >>  
open the notification that will appear



## News from Your Fellow Members

Please see the list of links below to view upcoming events, specials & promotions from your fellow members.

**\*CLICK ON THE PICTURE OF THE FLIER TO MAKE IT LARGER  
OR THE LINK PROVIDED FOR MORE INFORMATION**

**\*\*The emails below were submitted by Chamber members and do not  
represent the views of the Sebring Chamber of Commerce.\*\***

**Get Your Information Included In Next Week's Email!**





To submit your information to be included in the Friday Email Blast, please email a **PDF** flyer to [admin@sebring.org](mailto:admin@sebring.org). Flyer must be received by **Thursday at 3PM** preceding the Monday blast to be included. The flyer must be in PDF format. If a flyer is sent in another format, we will contact you to re-send.

**Happy 6th ANNIVERSARY**

**Heal By Touch Massage & Float Therapy**  
**MARCH ONLY**  
**Enjoy 50% OFF ALL FLOATS**  
 (863)-382-1805 MM42647

**NU-HOPE Elder Care Services**  
**26th Annual Golf Tournament**  
**April 13, 2024**

Presented by  
**Insight Auctioneers**  
**Martz Family Trucking & Pro Lawn Maintenance**

**Highlighted Sponsorships**

- Winners Circle (\$8,000)\*
- Lunch Sponsor - (\$4,000)\*
- Raffle Prizes (\$1-\$3,000)\*
- Beer Sponsor (\$1,500)
- Snack/Drink Stations (\$1,000)

**Sponsorship/Team Levels**

- Corporate Sponsor (\$700)\*
- Business Sponsor (\$500)\*
- Individual Player/Lunch (\$85)
- T-Shirt only (\$125)

**Team Registration:** Lunch/awards ceremony is included with registration.

Name	email	Phone	Residence
MS			
MS			
MS			
MS			

Additional Payments (optional): \$\_\_\_\_ Raffle bundle (12/12/2023) \$\_\_\_\_ Multiguns (10/12/2023)  
 \$\_\_\_\_ Total Payment \_\_\_\_\_ Check \_\_\_\_\_ Credit card \_\_\_\_\_ Payment method  
 Registrations may be mailed to: Debbie Stiles at NU-HOPE Elder Care Services, 2020 Office Park Rd, Sebring FL 33870 or emailed to [Stiles@nuhope.org](mailto:Stiles@nuhope.org). For credit card payment, please contact the office at (888) 362-2124. Registrations are due no later than Friday, April 5, 2024.

For more information, please contact NU-HOPE Elder Care Services  
 (863) 382-2124

NU-HOPE Elder Care Services, Inc.  
 3530 Office Park Rd., Sebring FL 33870 310 N 8th Ave., Wauchula FL 33873

**DAV VETERANS TRANSPORTATION SERVICE**

**Monday**  
 Cape Coral (Lee County) by appointment only.  
 We will leave the Sebring Clinic 2 hours before the 1st appointment.

**Tuesday, Wednesday, & Thursday**  
 Ray Place (DB Park) by appointment only.  
 We will leave the Sebring Clinic promptly @ 8:00am.  
 Appointments must be between 8:00am and 5:00pm.  
 We will leave Ray Place by 2:00pm.

**Friday**  
 Bradenton by appointment only.  
 We will leave the Sebring Clinic 2 hours before the 1st appointment.  
 We will stop in Aven Park & Wauchula as needed.  
 Please call (863) 471-4527 Ext. 25507

**Provided locally by:**  
 Arlene Chappin (DAV)  
 33000 Grand Pine Drive  
 Sebring, FL 33870  
 Meetings 2nd Thursday @ 1000

**In case of emergency contact:**  
 John Vincent @ 863-828-8814  
 Ron Bailey @ 727-261-0009

**THE COTTAGE MARKET**

EVERY SATURDAY 9-2 PM  
 DOWNTOWN SEBRING

We Accept SNAP Benefits

SHAP & TAB BUCKS

JOIN US FOR THE  
**GOLDEN ANNIVERSARY Gala**  
 CELEBRATING THE  
 SUN LAKE IMPROVEMENT DISTRICT'S  
 50TH ANNIVERSARY

FRIDAY, THE NINETEENTH OF APRIL 2024  
 FROM FIVE O'CLOCK TO TEN O'CLOCK IN THE EVENING

**THE ISLAND VIEW RESTAURANT**  
 5223 TEE TIME CIRCLE  
 SEBRING, FLORIDA

FOR EVENT INFORMATION OR TO PURCHASE TICKETS,  
 PLEASE VISIT: <https://bit.ly/SNLGoldenAnniversary>

OR SCAN OUR QR CODE:

KINDLY RSVP BY MARCH 20, 2024

COCKTAILS WILL BE SERVED AT FIVE O'CLOCK, FOLLOWED BY THE DINNER PROGRAM, LIVE ENTERTAINMENT, AND A CHAMPAGNE TOAST WITH FIREWORK DISPLAY.

**1155 KERRY DRIVE**

**\$58,000**

Ready to build! Play in Little Lake Jackson and Lake Jackson. topographical survey and property survey, the land is cleared and raised with a new seawall in place.  
**Audrey Asciutto, Broker Sebring Lakefront Properties, LLC**

**Key of 3**

Coming April 5th  
 7:30 p.m.  
 Location: Unity Life Enrichment Centre  
 10417 S. Orange Blossom Blvd.  
 Between St. Rd 66 and Lake Josephine Rd.  
 Reserve tickets in advance by calling 863-471-1122 or emailing [unitysebring@gmail.com](mailto:unitysebring@gmail.com)  
 Tickets will also be available at the door.  
 Don't miss these awesome ladies!

**Parking Lot - Rummage, Plant and Craft Sale**  
 Saturday, April 13, 2024  
 8:00am - 12:00pm

Now taking Reservations for Vendor Space  
 Parking space: \$10 each  
 Call 863-471-1122  
 Or Email [unitysebring@gmail.com](mailto:unitysebring@gmail.com)  
 Location:  
 Unity  
 Life Enrichment Centre  
 10417 S Orange Blossom Blvd.  
 Sebring, FL  
 Between S.R. 66 and Lake Josephine Road

**TAI CHI THURSDAYS**

**Instructor: Sifu Mike Nitch**

FREE & OPEN TO THE PUBLIC  
 Thursday 4pm

Shield Medical Group Wellness Center  
 4597 Casablanca Circle  
 Sebring, FL 33870

**SHIELD**  
 MEDICAL GROUP

**HIGHLANDS LAKESIDE THEATRE**

**WE WILL ROCK YOU**

MUSIC & LYRICS BY QUEEN \*STORY & SCENE BY JENNY LON

**MARCH 29 - APRIL 14, 2024**

SUNDAY 2:30 PM  
 WEDNESDAY THURSDAY & SATURDAY 7:30 PM

**HIGHLANDSLAKESIDETHEATRE.ORG**  
 863.382.2525 | 356 W. Center Ave. Sebring FL 33870

Sebring Superior DENTAL CARE OF MIDFLORIDA, MICHAELS AUTO SALES, and the LAW OFFICE OF MICHAEL REUBEN. Produced by special arrangements with Theatrical Rights Management. Produced by JAMIE POLLARD

The Sebring Historical Society Presents  
**The Ringling Museum**  
**April 20th, 2024**

Join us for a day out at The Ringling Museum! This incredible property houses the gorgeous Ca' d'Zan mansion, former home of John & Mabel Ringling, the Secret Garden and Ringling burial site, the Dolgor Peninsula and reflecting pool, Art Library, Monda Gallery Fine Arts Museum, Historic Ohio Theater, Tibbels Learning Center that includes the Circus Museum, and the Historic Galleries. We will enjoy a delicious lunch at Der Dutchman prior to our Museum visit as we have plenty of time to explore and discover all the wonders of this magical and unique historical venue! **Activity Level 2**

**Cost: \$135.00pp**

Payment due at time of reservation.  
 Make checks payable to the Sebring Historical Society  
 Tickets are non-refundable  
 no refunds after 04-06-24  
 Motor coach departs The Weight House at 8:45am and returns at 6:00pm

Contact: Jim Pollard Phone: (863) 471-2522  
 Email: [info@sebringhistoricalsociety.org](mailto:info@sebringhistoricalsociety.org)

Included:  
 • R/T Transportation  
 • Lunch, tea & gratuity  
 • Ringling Museum and Ca' d'Zan Mansion admission  
 • Driver Gratuity

**RINGLING BOSS-BARNUM-BAILLY**

Small World Landscapes Center Inc.  
 3003 Small World Lane  
 Ocala, FL 34464  
 863-480-8970  
 Sales & Landscaping



## Heritage Festival 2024



**April 13 & 14, 2024**  
Pearce Homestead  
70 Boondock Road in Fort Basinger  
US 98 at County Road 721

**Good family FUN that celebrates HISTORY!**  
Gates open 10am-4pm  
Admission \$10 per car

**Florida Cracker Trail Riders**

**Featuring Cowboy Church**

- Craft Vendors
- Food Truck Vendors
- Local Entertainment
- Demonstrations
- Kids Zone
- Spinning & Quilt Display
- Cow Camp
- Horse Tours
- Colonial Period Fashion Show
- Ecological Boat Tours

*Sponsor and Vendor Opportunities are still available.*

**Heritage Association of Highlands County, Florida**

Find us on FACEBOOK at  
Heritage Association of Highlands County.  
For more information Email: [info@hahc.org](mailto:info@hahc.org)  
Post Office Box 1531 | Sebring, Florida 33871

Matthew 18:23-27: "Again, I tell you that if you do not settle against anything you risk for, it will be done for you by Father in Heaven. For where two or three come together in my name, there I am with them."

**MARCH 18, 2024**

**SUBJECT:** National Day of Prayer Luncheon: May 2, 2024 at 12:00 PM-1:00 PM

**TO:** Chamber of Commerce Members

**Dear Chamber of Commerce Members:**

The Kiwanis Club of Greater Sebring is inviting you and your family, friends, and employees to the National Day of Prayer Luncheon on May 2, 2024. The National Day of Prayer is a great time to remind ourselves and the community of the need and importance, now more than ever, of prayer, especially for children. Following the Day of Prayer in front of the Court House, the doors will open at 11:30 am at the First Baptist Church at 200 East Center Avenue, Sebring, in their Fellowship Hall for the Luncheon.

It will be wonderful for community leaders to support the National Day of Prayer Luncheon by attending and sponsoring one or more tables. Besides enjoying recognition in the program and how the podium, each table sponsor will receive 9 tickets and one table for their family, friends or employees. Please see the attached sponsor form.

Superintendent Dr. Brenda Longshore, School Board of Highlands County will share what prayer means to her and the importance of praying for our children. Pastor Robert Shannon, Wings of Faith Christian Therapy Center will speak about prayer and its a dedicated time of prayer for the needs of the community and the world by guiding each table in praying for its own unique concerns. Other religious leaders from our community will also help lead us in prayer.

Serving the children of the world is the motto of Kiwanis International. Prayer is the perfect way to continue improving our community and the world for children. Any excess proceeds from the event will go to the Youth for Christ and for items for foster care children and school social workers to distribute to needy children. Collection boxes will be available at the luncheon for the following items that are needed by the children: diapers, Wet Wipes, new backpacks, personal hygiene items - both brushes, tooth paste, deodorant, hair brushes, combs, shampoo, antibacterial soap, and doll bags (24 to 36 inches), and for School, new Unisex shirts and t-shirts for PE class and new jackets (all sizes).

We look forward to hearing from you. The draft agenda for the Luncheon will soon be in each week's Chamber of Commerce news. Table reservations are on a first come, first served basis. Should you have any questions, please contact me at 863-573-8443 or at [info@sebringchamber.com](mailto:info@sebringchamber.com).

Sincerely,

Jan Potbury, President of the Kiwanis Club of Greater Sebring

Proverbs 6:5-7: "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your request to God."

## WE ARE HIRING

### Weekend RN

**THE DRIPBAR SEBRING**

We need happy and upbeat RNs to help us promote and deliver IV Vitamin therapies to support our client's healthy lifestyles.

Email your resume to:  
[nurse.199@thedripbar.com](mailto:nurse.199@thedripbar.com)

**The Vault**  
Modern European Fusion and Bar

**Belgian Coffee Waffle 12**  
Fresh Berries, Honey Butter & Syrup

**French Toast 14**  
Thick Cut Brioche, Vanilla Mousse, Berry Compote, & Toasted Walnuts

**The Vault English Breakfast 15**  
Crispy Potato, Bacon, Mushroom, Baked Beans, Sausage Patties, Toast, and Choice of Eggs

**Classic Omelet 13**  
Caramelized Shallots, Ham, Bacon, Cheese, Breakfast Potatoes, & Toast

**Shrimp & Grits 16.50**  
Buttery Grits, Cajun Spiced Tiger Shrimp, Andouille Sausage, Arugula, & Lemon Butter Sauce

**Eggs Benedict 13.50**  
Fresh Toasted Bagel, Grilled Ham, Two Poached Eggs, In House Hollandaise Sauce, With Breakfast Potatoes

**The Vault Lox with Bagel 16.50**  
Fresh Toasted Bagel, Smoked Salmon, Crispy Capers, Dill Cream Cheese Spread, Pickled Red Onions, & Mixed Greens

**Bacon 4 Sausage 4**  
**Fresh Fruit 6 Breakfast Potatoes 4**

*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.*

## Proud to be a Panther!

# SFSC

## ALUMNI

### MEMBERSHIP PROGRAM

**HEARTLAND FOOD BANK**

**A Plea for Families**

The purpose of a food bank is to offer temporary aid to those struggling with food insecurity. Unfortunately, our current economic conditions have prolonged these struggles. Seniors and veterans living on fixed incomes and Working families have seen a 30% drop in their usable income due to rising rents and food costs. Over 80% of Highlands County school children are provided breakfast and lunch so they can learn, grow, and be healthy. Anxiety and depression over food insecurity have risen 25% since the pandemic, higher than any other economic concern, (CDC study).

We are asking our community leaders to support the Heartland Food Bank in its effort to help our friends and neighbors in their time of need. Scan the QR code above or click the link below to support the Heartland Food Bank's capital campaign and "Let no one go hungry" in Highlands County.

[www.heartlandfoodbank.com](http://www.heartlandfoodbank.com)



**HER COTTAGE FARM**

FRESH FRUIT & VEGETABLES  
DELIVERED TO YOUR HOME  
[WWW.HERCOTTAGEFARM.COM](http://WWW.HERCOTTAGEFARM.COM)

**CO-OP BOX SHARES PRICE LIST**

**VEGETABLE BOX \$27**  
8-10 Items  
Seasonal & Local vegetable  
Locally Sourced & Co-op offerings

**FRUIT BOX \$27.00**  
7-8 Fresh Selections  
Seasonal & Locally sourced  
Co-op distribution

**COMBO BOX \$32**  
10-12 Fruit & Vegetable  
all in one co-op box delivered to your door.

we are a local business & Co-op with many Florida Farms & Ranches to extend our buying powers to reduce our carbon footprint. We buy from local, US and International as needed.

**FARM PRODUCTS**  
HOME DELIVERY

**CO-OP HOME DELIVER**

**FARM FRESH**

## Life Get's Messy!!

Get the Business of Your Life Organized

Experience a holistic approach to organizing the business of your life. Discover a range of innovative tools, services, and programs beyond traditional organizing, designed to bring order and efficiency to your personal affairs. Sherry is dedicated to helping you achieve a well-organized and manageable life - so you can enjoy it.

Empower yourself with transformative Tools, Services, and Programs

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[www.justfixthismess.com](http://www.justfixthismess.com)

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Our travel agency can help you discover the heritage of Ireland and Scotland with the tour guides who consistently earn a 95% satisfaction rate from their guests. CIE Tours is passionate about sharing the rich history, mystical traditions and folklore that make the cultures of these Celtic lands so special. As hosts, their tour directors find the hidden gems other tours miss - the out-of-the-way places, colorful characters, and local history that create lifetime memories for their guests.

**FEATURED ITINERARIES**

- IRELAND SOUTH DAY TOURS
- IRELAND'S WILD ATLANTIC WAY
- MYSTICAL IRELAND

April - October 2024 April - October 2024 April - October 2024

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Now Book with a Travel Agent  
We are a professional member of Expedia.

## CLOWNIN' AROUND GOLF TOURNAMENT

**TO BENEFIT: TOBY THE CLOWN FOUNDATION**

**SATURDAY MARCH 30, 2024**  
AT COUNTRY CLUB OF SEBRING

Check-in: 7:00am  
Shotgun starts 8:00am

**A Chance to Win Cash Prizes and support a great local cause!**

**\$85 - Per Player**  
**\$300 - Foursome**

All proceeds 100% goes to support the Toby the Clown Foundation.

Register now, space is limited!  
[TobyGolfTournament.com](http://TobyGolfTournament.com)



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- Glaucoma
- Eyelid Lifts
- Dry Eye
- Eye Exam



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Sebring, FL 33870  
(863) 385-1544  
NEWSOMEYE.com

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- AND MORE...

### ABOUT US

Our team goes above and beyond to cater to each project's needs. With a focus on personalized service, competitive rates and customer satisfaction, we're always striving to meet, and exceed expectations.



COMMERCIAL CLEANING SOLUTIONS, INC.  
THE DEFINITION OF CLEAN



\*Not valid with other offers and March 21, 2024. Most projects. See our website for any other offers.

**Lenten Household Supply Boxes**

Lent is a season for both giving and making a sacrifice. You can count down the days to Easter by adding an essential household item each day to a box. On Good Friday, donate the contents to a Ridge Area Art group home.

Box	Item	Box	Item
Box 1: Paper Towels	Box 17: Dish Soap	Box 33: Dish Soap	Box 49: Dish Soap
Box 2: Toilet Paper	Box 18: Dish Soap	Box 34: Dish Soap	Box 50: Dish Soap
Box 3: Dish Soap	Box 19: Dish Soap	Box 35: Dish Soap	Box 51: Dish Soap
Box 4: Laundry Soap	Box 20: Dish Soap	Box 36: Dish Soap	Box 52: Dish Soap
Box 5: Dish Soap	Box 21: Dish Soap	Box 37: Dish Soap	Box 53: Dish Soap
Box 6: Paper Towels	Box 22: Dish Soap	Box 38: Dish Soap	Box 54: Dish Soap
Box 7: Dish Soap	Box 23: Dish Soap	Box 39: Dish Soap	Box 55: Dish Soap
Box 8: Paper Towels	Box 24: Dish Soap	Box 40: Dish Soap	Box 56: Dish Soap
Box 9: Dish Soap	Box 25: Dish Soap	Box 41: Dish Soap	Box 57: Dish Soap
Box 10: Paper Towels	Box 26: Dish Soap	Box 42: Dish Soap	Box 58: Dish Soap
Box 11: Dish Soap	Box 27: Dish Soap	Box 43: Dish Soap	Box 59: Dish Soap
Box 12: Paper Towels	Box 28: Dish Soap	Box 44: Dish Soap	Box 60: Dish Soap
Box 13: Dish Soap	Box 29: Dish Soap	Box 45: Dish Soap	Box 61: Dish Soap
Box 14: Paper Towels	Box 30: Dish Soap	Box 46: Dish Soap	Box 62: Dish Soap
Box 15: Dish Soap	Box 31: Dish Soap	Box 47: Dish Soap	Box 63: Dish Soap
Box 16: Paper Towels	Box 32: Dish Soap	Box 48: Dish Soap	Box 64: Dish Soap

**WE SEE YOU AS MEMBERS, NOT ACCOUNT NUMBERS.**

Personal & Business Accounts  
Mortgages & Loans  
Open Saturdays (Face-To-Face Banking 7-7 Daily-Thru Hours)

Open an account online at [midflorida.com](http://midflorida.com) or visit any branch.

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**Yoga for Life**

**IYENGAR YOGA CLASS**

**Instructor: Nancy Dale**

FREE & OPEN TO THE PUBLIC

Tuesday 4pm  
Thursday 5:30pm  
Friday 4pm

Shield Medical Group Wellness Center  
4597 Casablanca Circle  
Sebring, FL 33870

**Habitat for Humanity**

**It's Time to Tee off with Golf for Homes!**

**GOLF TOURNAMENT**  
COUNTRY CLUB OF SEBRING

DATE: APRIL 20, 2024  
TIME: 8AM  
FORMAT: FOUR PERSON SCRAMBLE

ENTRY FEE: \$75.00 PER PLAYER: Includes golf cart, refreshments, lunch, post golf awards and raffle prizes.

CHECKS PAYABLE TO: **HIGHLANDS COUNTY HABITAT FOR HUMANITY**  
159 S. Commerce Avenue, Sebring, FL 33870

Or Register online at [www.Habitat-Highlands.org](http://www.Habitat-Highlands.org)

Questions: Email [cbrook@comcast.net](mailto:cbrook@comcast.net) or call 863-712-3524

Name	HCP	PHONE
TEAM		

CONTACT EMAIL: \_\_\_\_\_

☐ Hole sponsorship: \$100.00 Sponsor/Company \_\_\_\_\_  
☐ Corporate Package - Foursome & Hole Sponsor: \$350  
☐ Contest Sponsor: \$300  
☐ Donate a Raffle Item: \_\_\_\_\_ Value: \_\_\_\_\_

**ENTRY DEADLINE: APRIL 17, 2024**

\*CLOSEST TO THE PIN, \*CLOSEST TO LINE, \*PUTTING CONTEST, \*RAFFLE \*50/50 AND OTHER FUN WHILE WE RAISE FUNDS FOR HIGHLANDS COUNTY HABITAT FOR HUMANITY

**SAVE THE DATE**

**"A Heartache in Paris"**

**May 2, 2024**

6PM - LAKELAND COUNTRY CLUB

**Fundraiser Hosted by Central Florida Health Care**

**marketing that makes a splash**

**Get Fish Slapped Marketing Agency** was founded in 2016 and was built around working with companies to streamline their marketing strategies to create confidence, increase profitability, and to free up their time to run their business.

**From strategy to execution, we are your local marketing partners.**

MARKETING CAMPAIGNS	CONTENT CREATION	PHOTOGRAPHY & VIDEOGRAPHY
DIGITAL ADVERTISING	SOCIAL MEDIA ADVERTISING	GEOTAGGING

**Get Fish Slapped Marketing Agency**

107 Circle Park Drive | Sebring, FL 33870  
(863) 658-2589 | [Sales@GetFishSlapped.com](mailto:Sales@GetFishSlapped.com)

**Google Partner**

**GetFishSlapped.com**

**COMCAST BUSINESS**

**Retail Technology Trends for 2024 and Beyond**

ENGLISH | DOWNLOAD NEW REPORT ON HOW TECHNOLOGY IS RESHAPING RETAIL TO ADAPT TO CHANGING CONSUMER HABITS. AI, VR, IoT and other technologies are reshaping and transforming retail. From bolstering security with cameras, to hyper-personalizing experiences and smart inventory management, the store of the future merges brick and mortar with a convenience. Comcast Business recently released its 2024 Retail Trends Report, which is designed to help retailers understand the technologies that are redefining the industry. Download the full report [here](https://www.comcastbusiness.com/retail-trends).

**ANTHONY'S**

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**SERVICE YOU DESERVE!**

**(863) 304-0418**

**Great Service**

**GREAT PRICES**

**Big Brothers Big Sisters**

**DERBY Fun Time DASH**

Join us for a Big Fun Time Run (5k) & a 1 mile Derby Dash for children under 11 years of age!

**SATURDAY, MAY 4TH, 2024**  
REGISTRATION: 7:00 AM  
START: 8:00 AM

**SECRET GARDENS WINERY & FARM**  
8222 WEST JOSEPHINE RD., SEBRING

**Prizes and Awards**  
T-Shirts  
Sweepstakes  
Raffle

**Presented by:**  
**FLORIDA LAKES SPA**  
**TC LACKEY, II DO**

INDIVIDUAL RUNNER \$35 5K participant, this includes a t-shirt & breakfast	DERBY DASH \$20 Children fun run, this includes a t-shirt & breakfast
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**SPONSORSHIP OPPORTUNITIES**

TITLE SPONSOR \$3,500	T-SHIRT SPONSOR \$2,000	BREAKFAST SPONSOR \$1,500	SCAVENGER HUNT SPONSOR \$1,000	HYDRATION SPONSOR \$500	MILE MARKER SPONSOR \$150
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**BUY YOUR TICKETS: <http://tinyurl.com/BFLRDerbyDash>**

**ECM OPTIONS**

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**Our Phone 863-451-9829**  
**Our Website [ecmcomputers.com](http://ecmcomputers.com)**



Try email marketing for free today!